



**My Health is** *IN YOUR HANDS*

Take care of you for me

One in four people who are living with HIV don't know it

- » Often there are no symptoms, meaning it can be unintentionally passed on to partners.
- » Knowing your HIV status is an important part of a healthy sex life and a good relationship.
- » When treated, HIV is a manageable disease. Treatment is available at no cost and can suppress the virus, preventing transmission to partners and improving overall health.

Find out more about  
HIV and where to get  
confidential testing at:



Call for confidential  
information on how to  
obtain free testing:

**MyHealthisSexy.com**

**1-866-778-7736**



**Interior Health**  
*Every person matters*